



# MENU

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**#albandarrestaurant**

## APPETIZERS

Nº		QR
1	<b>ROCCA SALAD</b> ..... <i>Fresh Rocca leaves with Lemon &amp; Onion</i>	15
2	<b>FATTOUSH</b> ..... <i>Assorted green salad with toasted bread &amp; home dressing</i>	14
3	<b>TABOULEH</b> ..... <i>Parsley salad with fresh tomatoes, mint &amp; crushed wheat</i>	14
4	<b>SALATAT AL ZAITOUNE</b> ..... <i>Olives with pomegranate syrup, lemon &amp; basil olive oil</i>	14
5	<b>MOUTABBAL</b> ..... <i>Skinless grilled eggplant with sesame &amp; lemon sauce</i>	12
6	<b>BABA GHANNOUJ</b> ..... <i>Salad of blended eggplant with vegetables &amp; lemon juice</i>	12
7	<b>WARAKENAB BIL ZEIT</b> ..... <i>Vine leaves stuffed with rice, lemon juice &amp; olive oil</i>	16
8	<b>HOMOS BIL TAHINI</b> ..... <i>Chick peas and sesame puree with garlic &amp; olive oil</i>	12
9	<b>GRILLED CHEESE</b> ..... <i>Five Pieces of White Grilled cheese</i>	22
10	<b>HOMMOS BIL KAWARMA</b> ..... <i>Chick peas topped with stew lamb minced meat "kawarma"</i>	18
11	<b>MAKANEK</b> ..... <i>Beef sausage with fresh coriander</i>	22
12	<b>JAWANEH</b> ..... <i>Chicken wings with fresh coriander, garlic &amp; lemon juice</i>	20
13	<b>GOLDEN SHRIMP</b> ..... <i>Battered golden fried jumbo Prawn</i>	30
14	<b>FISH FINGER</b> ..... <i>Fried slices of delicious Sharri served with special sauce</i>	27
15	<b>CALAMARIS RINGS</b> ..... <i>Crunchy deep-fried Calamari with Chef's special chili dip</i>	27
16	<b>SHRIMP COCKTAL</b> ..... <i>Delicious pieces of Shrimps with special cocktail sauce</i>	30

## SOUPS

Nº		QR
17	<b>LENTIL SOUP</b> ..... <i>Famous Arabic soup</i>	15
18	<b>TOMATO SOUP</b> ..... <i>Cream of tomato</i>	15
19	<b>CHICKEN SOUP</b> ..... <i>Cream of chicken &amp; mushroom</i>	15
20	<b>TOM YAM KUNG</b> ..... <i>Hot and sour prawn soup</i>	22
21	<b>PHO TAEK</b> ..... <i>Combination of seafood cooked with fresh vegetables and herbs</i>	22

## PASTRIES

Nº		QR
22	<b>ARABIC PIZZA</b> ..... <i>Cheese, spinach &amp; meat</i>	8
23	<b>KEBEH (1 pc.)</b> ..... <i>Fried lamb meat with crushed wheat</i>	6
24	<b>USH ALBULBOUL (1 pc.)</b> ..... <i>Pastries stuffed with spinach, cheese &amp; minced meat</i>	6
25	<b>SAMBOUSEK (1 pc.)</b> ..... <i>Pastries with minced lamb and pine seeds</i>	6
26	<b>ARAYES (1 pc.)</b> ..... <i>Bread stuffed with lamb minced meat, tomato &amp; cheese</i>	25

## RICE & NOODLES

Nº		QR
27	<b>STEAMED RICE</b> ..... <i>Steamed rice</i>	12
28	<b>EGG RICE</b> ..... <i>Steamed rice with egg</i>	15
29	<b>GARLIC FRIED RICE</b> ..... <i>Fried rice with garlic</i>	15
30	<b>CASHEW NUT RICE</b> ..... <i>Fried rice with cashew nut</i>	15
31	<b>SEAFOOD FRIED RICE</b> ..... <i>Fried rice with seafood</i>	20
32	<b>MIXED VEGETABLES</b> ..... <i>Fried rice with mixed vegetables</i>	22

**QR** **FROM THE GRILL**

33 **KABAB HALABI** ..... **40**

*Minced lamb meat with herbs & pepper*

34 **LAHEM MASHWI** ..... **48**

*Tender marinated lamb cubes*

35 **RIYASH** ..... **48**

*Grilled lamb chops*

36 **SHISH TAWOUQ** ..... **40**

*Grilled chicken cubes marinated with lemon-garlic sauce*

37 **KABAB KHASHKASH** ..... **42**

*Minced lamb meat with herbs, tomato & pepper*

38 **MASHWIYAT AL BANDAR** ..... **55**

*A selection of grilled Al BANDAR specialties*

39 **AL BANDAR SHAWARMA** ..... **30**

*Thin slices of chicken or mutton with Arabic Bread*

40 **DAJAJ MOUSAHAB** ..... **40**

*Whole boneless tender chicken*

**QR** **TANDOORI GRILL**

41 **SHRIMP BIRYANI** ..... **50**

*Assorted Shrimps cooked with Tandoori sauce served w/ Biryani Rice*

42 **CHICKEN BIRYANI** ..... **40**

*Chicken Cubes marinated with Tandoori spices & cheese cooked in clay oven, served w/ Biryani rice*

43 **SHARRI IN TANDOR** ..... **62**

*Sharri fish cubes, marinated with Tandoori spices, grilled in clay oven, served w/ rice or French fries*

44 **TIGER PRAWN BIRYANI TANDOORI** ..... **80**

*Gulf Tiger Prawn marinated with Tandoori Spices,*

**QR** **CHEF'S CHOICE**

45 **AL BANDAR SEAFOOD CASSEROLE** ..... **50**

*Wonderful combination of seafood and vegetables w/chili sauce*

46 **LOBSTER THERMIDOR** ..... **115**

*Tender slices of lobster served in shells w/cheddar cheese*

47 **AL BANDAR MIX SEAFOOD** ..... **85**

*A Combination of tender Sharri, shrimps, calamari & lobster w/different sauces*


**QR** **SAUTEED FISH**

 **Chef's Special Sauce**


 **Garlic & Black Pepper Sauce**

 **Thai Curry Sauce**

 **Fresh Chili & Garlic Sauce**

 **Green Curry Sauce**

 **Ginger & Green Onion Sauce**

 **Red Chili Sauce**

 **Oyster Sauce**

**Teriyaki Sauce**

**Lemon Butter & garlic Sauce**

**Cheese Sauce**

**Sweet & Sour Sauce**

*Indicates chili / spicy ingredient (  )*

48 **SHARRI FISH FILLET** ..... **62**

*Tender fillet Sharri sautéed w/black pepper sauce*

49 **KING FISH STEAK** ..... **62**

*Tender slices of King Fish sautéed w/ginger, spring onion sauce*

50 **JUMBO PRAWN** ..... **80**

*Fresh jumbo Prawn sautéed w/dry garlic & spring onion sauce*

51 **BUTTERFLY SHRIMPS** ..... **80**

*Fresh jumbo Shrimps (skin on) sautéed in dry garlic,*





**N0 STEAMED FISH QR**

52 SHARRI FISH FILLET ..... 62

*Tender fillet Sharrri steamed w/ ginger & spring onion*

53 RED SNAPPER FISH ..... 62

*Whole steamed Red Snapper w/ Pla Sam Rod Sauce*

54 JUMBO PRAWN ..... 80

*Fresh jumbo Prawn  
steamed w/ white pepper, lemon and garlic*



**N0 GRILLED FISH QR**

55 SHARRI FISH FILLET ..... 62

*Grilled tender fillet Sharrri w/ garlic butter lemon dip*

56 KING FISH STEAK ..... 60

*Tender slices of grilled King Fish w/ chef's special dip*

57 ROCK LOBSTER ..... 115

*Grilled Rock Lobster w/ Chef's special dip*

58 JUMBO PRAWN ..... 80

*Grilled Fresh Jumbo Prawn w/ Chef's special dip*



**N0 DEEP FRIED FISH QR**

59 SHARRI FISH FILLET ..... 60

*Deep fried fillet of tender Sharrri w/ Chef's special dip*

60 KING FISH STEAK ..... 60

*Deep fried tender sliced of King Fish dip  
w/ Chef's special*

61 ZUBAIDY / ZARD FISH ..... 62

*Deep fried Zubaidy w/ Chef's special dip*

62 RABEEB / ZERIDY FISH ..... 60

*Deep fried Rabeeb w/ Chef's special dip*

63 JUMBO PRAWN ..... 80

*Golden fried fresh jumbo Prawn w/ Chef's special dip*

**N0 DESSERTS QR**

64 ASSORTED FRUITS ..... 35

*A basket of fresh fruits*

65 FRESH FRUITS CUT ..... 18

*Assorted fresh cut seasonal fruits*

66 FRUIT SALAD ..... 15

*Fruit salad w/ cream*

67 HALAWAT ALJUBN ..... 18

*Mixed cream with cheese & honey*

68 SWEET OF THE DAY ..... 20

*Chef's special choice Sweet of the day*

69 BANANA SPLIT ..... 20

*Ice Cream w/ honey surrounded by banana slices*

70 ICE CREAM ..... 18

*Assorted Ice Cream*

71 UMMALI ..... 15

*Fresh milk with puff pastry topped with nuts*

72 BANANUTS ..... 20

*Two Banana cuts. Topped with nuts and honey*

**N0 BEVERAGES QR**

73 TEA ..... 10

74 AMERICAN COFFEE ..... 15

75 TURKISH COFFEE ..... 12

76 ESPRESSO ..... 12

77 FRESH ORANGE JUICE ..... 18

78 MANGO JUICE ..... 18

79 AL BANDAR SPECIAL COCKTAIL ..... 18

80 PEPSI, SEVEN-UP / diet ..... 4

81 NON-ALCOHOLIC BEER ..... 14

82 PERRIER ..... 7

83 EVIAN WATER ..... 14

84 MINERAL WATER b/s ..... 3/4

N0

**SET MENU LUNCH / DJINNER**

85

**QR / 90**

*Starting with Hot and Delicious Soup*

**SAILOR SOUP**

*Sharri slices w/vegetable & cream*

*Followed by Delicious Appetizer*

**CRISPY GREEN SALAD**

**GARLIC BREAD**

*Followed by the Main Course*

**SLICES OF TENDER SHARRI**

*Slices of Tender Sharri sautéed in lemon garlic butter sauce served w/vegetable sauté & steamed rice*

*Followed by Your Dessert & a Light Beverage*

**FRUIT SALAD / FRUIT TART**

*Beverages of your Choice*

*Pepsi, 7-up, Mirinda, Tea or coffee*

N0

**SET MENU LUNCH / DJINNER**

86

**QR / 110**

*Starting with Hot and Delicious Soup*

**TOM YAM KUNG**

*Hot and sour prawn soup*

*Followed by Delicious Appetizer*

**FRESH GREEN SALAD**

**FRENCH FRIES**

*Followed by the Main Course*

**AL BANDAR MIXED SEA FOOD**

*A combination of Tender Sharri, shrimps, calamari & lobster w/different sauces served w/sautéed vegetable in oyster sauce*

*& steamed rice*

*Followed by Your Dessert & a Light Beverage*

**BANANA SPLIT**

*Beverages of your Choice*

*Pepsi, 7-up, Mirinda, Tea or coffee*

N0

**SET MENU LUNCH / DJINNER**

87

**QR / 100**

*Starting with Hot and Delicious Soup*

**TOM KHA KAI**

*Chicken w/lemon grass, lime leaves, lemon sauce*

*Followed by Delicious Appetizer*

**FRESH GREEN SALAD**

**DEEP FRIED CALAMARI RINGS**

*Followed by the Main Course*

**SAUTEED SHRIMPS**

*Shrimps sautéed in lemon garlic butter sauce served w/vegetable sauté & steamed rice*

*Followed by Your Dessert & a Light Beverage*

**FRESH FRUITS CUT, CAKE OF THE DAY**

*Beverages of your Choice*

*Pepsi, 7-up, Mirinda, Tea or coffee*

N0

**SET MENU LUNCH / DJINNER**

88

**QR / 90**

*Starting with Hot and Delicious Soup*

**TOMATO - LENTIL - CARROT - TOM YAM KUNG**

**MUSHROOM - CHICKEN - SWEET CORN**

*Followed by Delicious Appetizer*

**HOMMOUS, MOTTABAL, TABOULEH**

**OLIVE SALAD, GREEN VEGETABLE**

*Followed by the Main Course*

**MASHWIYAT AL- BANDAR**

*A Selection of AL- BANDAR*

**Mixed Grills**

*Followed by Your Dessert & a Light Beverage*

**MOHALABIYA, CRÈME CARAMEL**

*CUSTARD or UMM ALI*

*Beverages of your Choice*

*Pepsi, 7-up, Mirinda, Tea or coffee*

المطبخ  
البندي

**AL-BANDAR  
HAMMOUR FISH**

QR

**FISH MARKET  
CHOICES**

QR

89 **FILLET HAMMOUR FISH** ..... 75

*Tender Fillet grilled Hammour fish  
w/lemon butter & garlic sauce*

90 **PAN FRIED HAMMOUR FISH** ..... 75

*Tender fillet Hammour fish cooked w/butter onion, &  
chili*

91 **STEAMED HAMMOUR FISH** ..... 75

*Hammour fish fillet cooked on steam  
w/ginger spring onions sauce  
steamed w/white pepper, lemon, and garlic*

92 **ORFALI SHISH HAMMOUR** ..... 75

*Grilled tender fillet Hammour w/garlic butter lemon  
dip*

93 **HAMMOUR FISH TANDOORI** ..... 75

*Tender flame grilled cubes of Hammour fish  
w/Tandoori delicacies flavor*

96 **ORIENTAL HAMMOUR** ..... 75

*Steam Tender slices of Hammour Fish w/lemon juice  
Tahini And fried onion*

97 **HAMMOUR CHEESE** ..... 70

*Tender slices of Hammour Fish  
Sautéed In cheese sauce*

98 **HAMMOUR BLACK PEPPER** ..... 70

*Tender slices of Hammour Fish  
Sautéed In black pepper sauce*

99 **HAMMOUR TAMARIND** ..... 70

*Tender slices of Hammour Fish  
Sautéed in Tamarind sauce*



**BABY  
HAMMOUR**

QR

**HAMMOUR SPECIAL  
FLAVORS**

QR

94 **BABY HAMMOUR BUTTERFLY** ..... 75

*Grilled baby Hammour fish  
Topped w/ lemon butter garlic sauce*

95 **BABY HAMMOUR** ..... 75

*Steam Baby Hammour whole fish w/ balsam rod  
sauce*

100 **HAMMOUR GINGER** ..... 70

*Tender slices of Hammour Fish w/ ginger spring  
onions sauce*

101 **HAMMOUR CURRY** ..... 70

*Tender slices of Hammour Fish w/ curry sauce*

102 **HAMMOUR LEMON BUTTER** ..... 70

*Tender slices of Hammour Fish w/ lemon butter  
garlic sauce*

*All Dishes are served w/ rice or French fries & garden vegetable sautéed in oyster sauce*